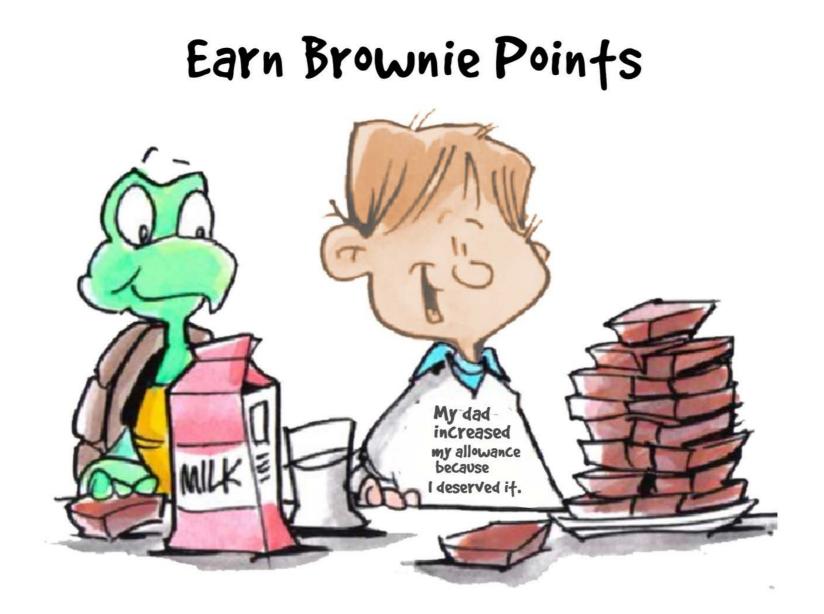
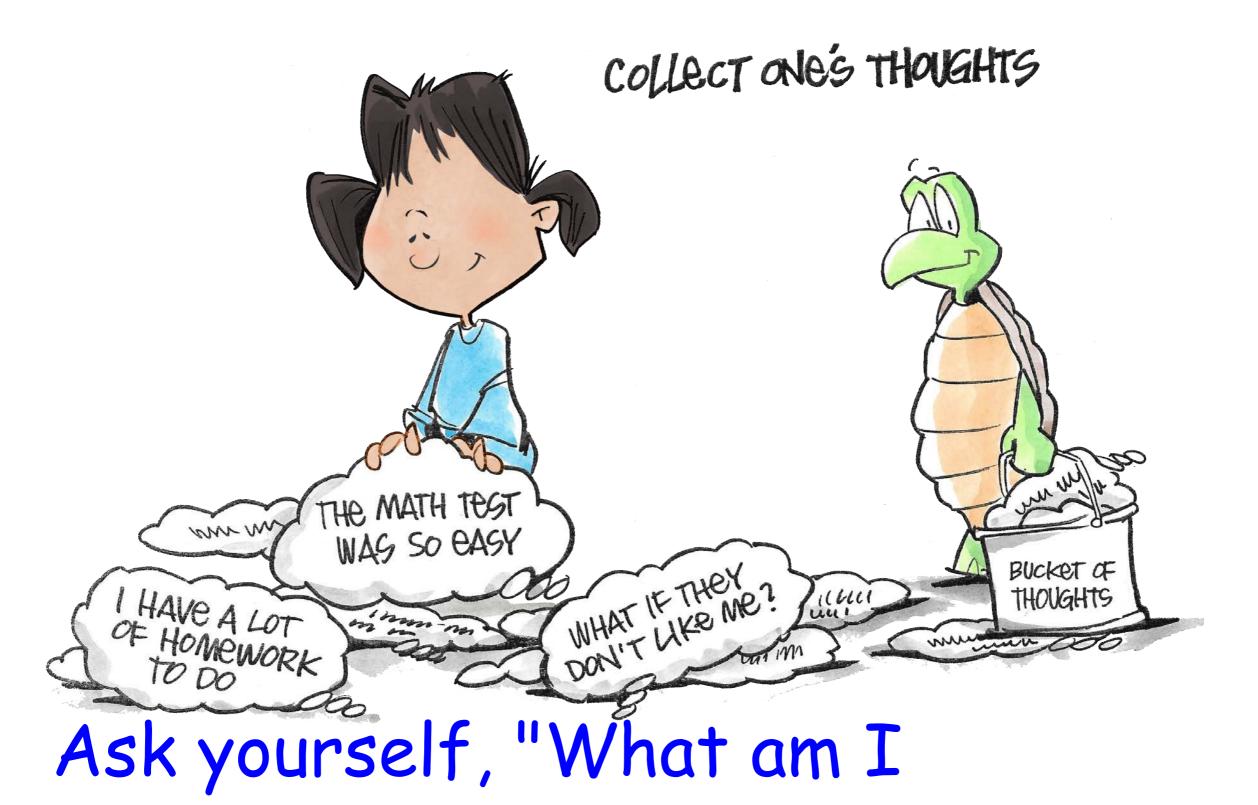




Use your senses (see, taste, smell, hear, touch) to think more clearly about a situation.

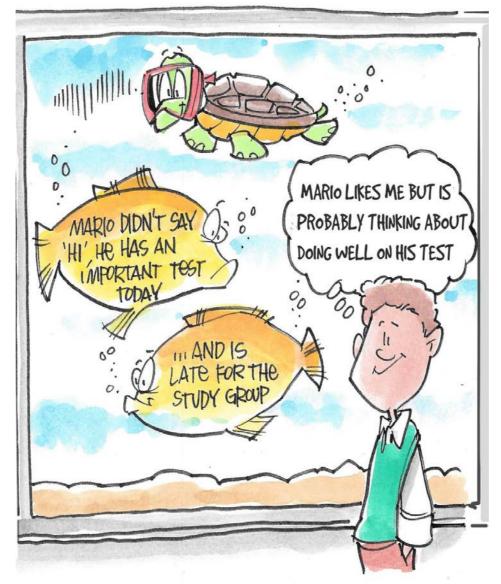


## Give yourself credit for your efforts.



thinking?"

## GO ON A FISHING EXPEDITION

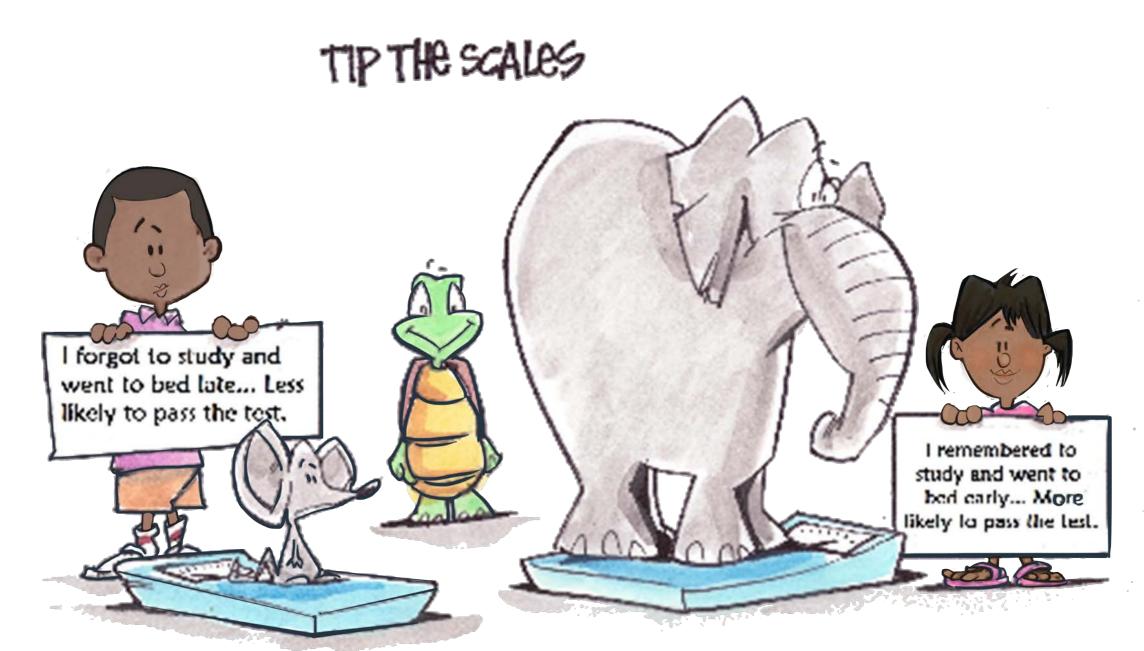


## More evidence leads to wittier thinking.

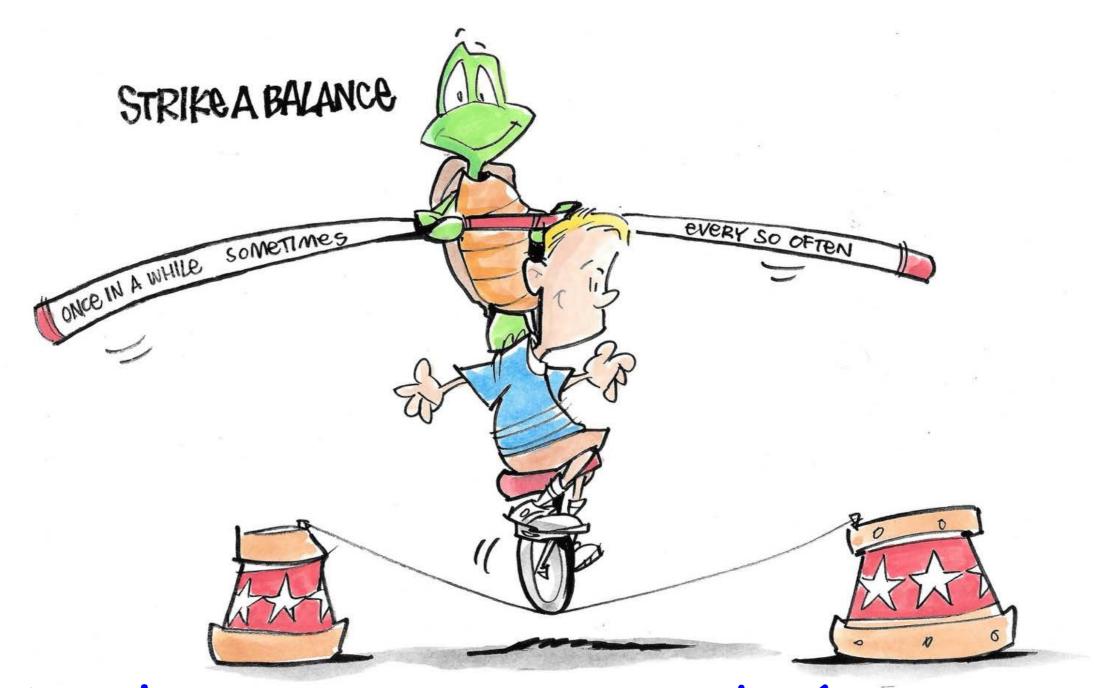
## PUT YOURSELF IN SOMEONE ELSE'S SHOES



Ask yourself what someone else might think about the situation.



Your behavior influences the outcome.



Use less extreme words (i.e. sometimes, alright, a few, etc.).



Using less demanding words such as maybe and perhaps.



Ask/answer the questions: who, what, when and where to determine why.



In any given situation, at least two people share the responsibility (20%/80%, 60%/40%, 90%/10%, etc.).