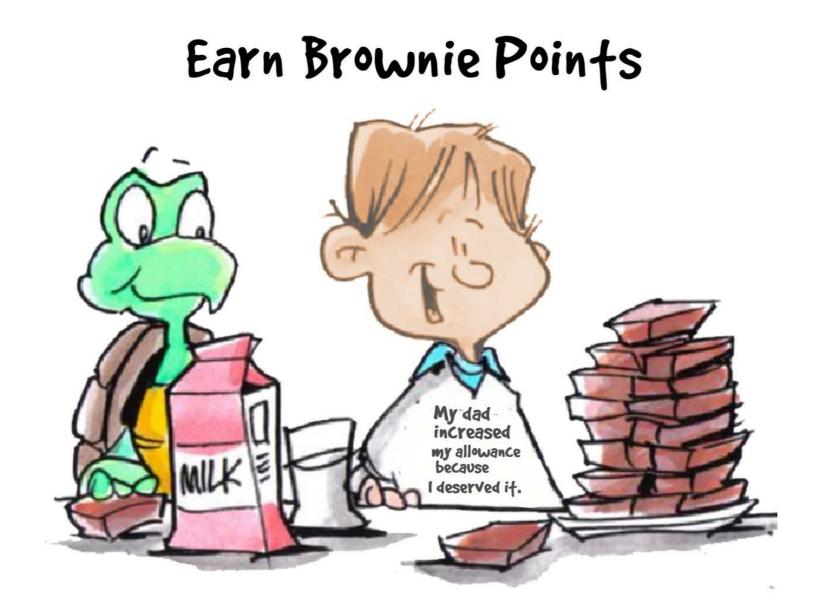
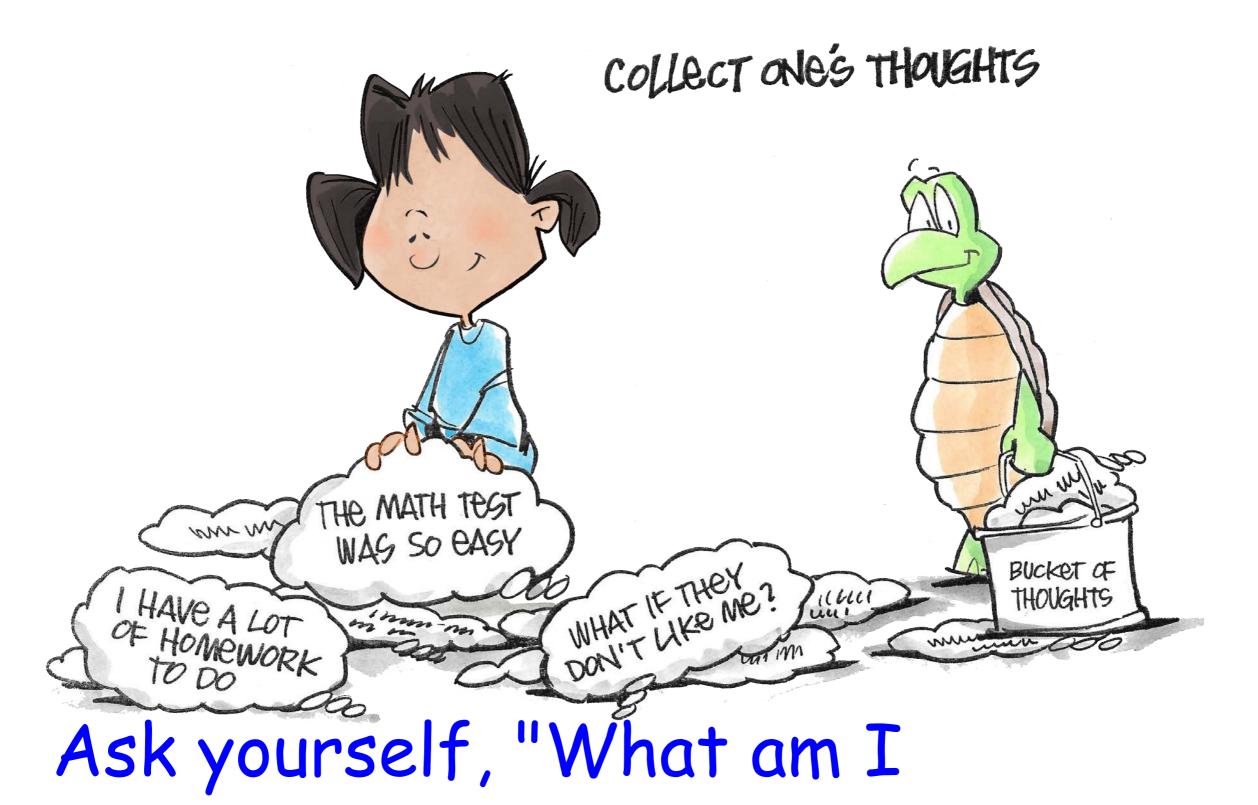




Use your senses (see, taste, smell, hear, touch) to think more clearly about a situation.

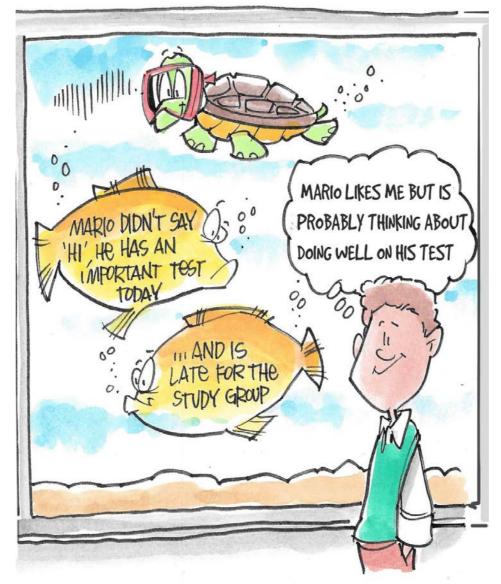


Give yourself credit for your efforts.



thinking?"

GO ON A FISHING EXPEDITION

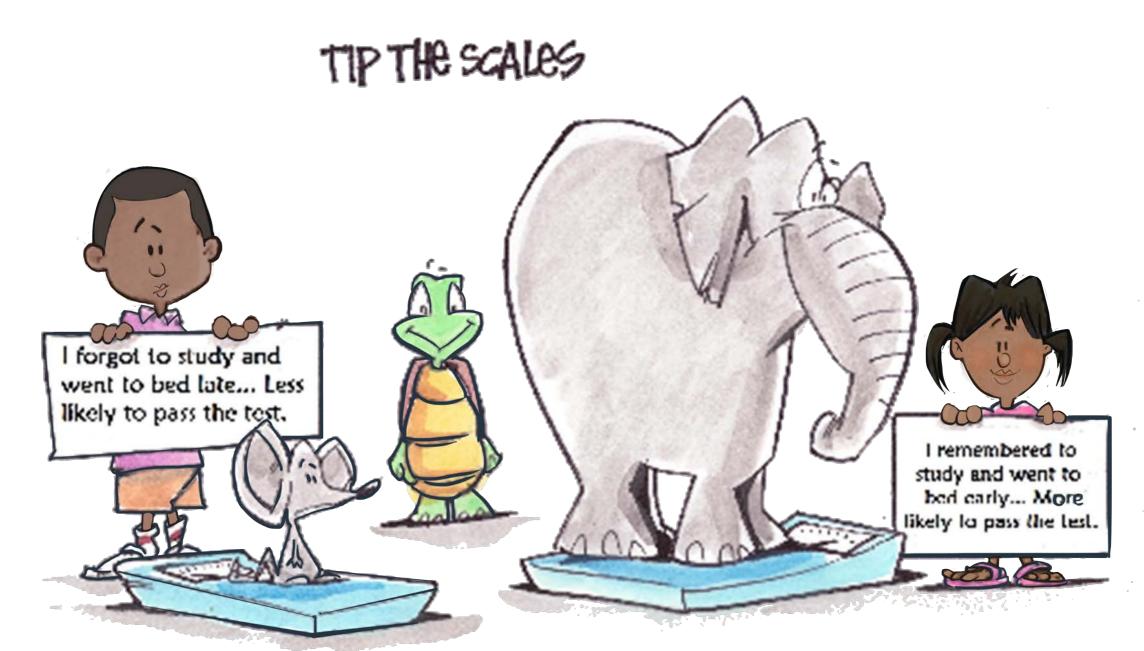


More evidence leads to wittier thinking.

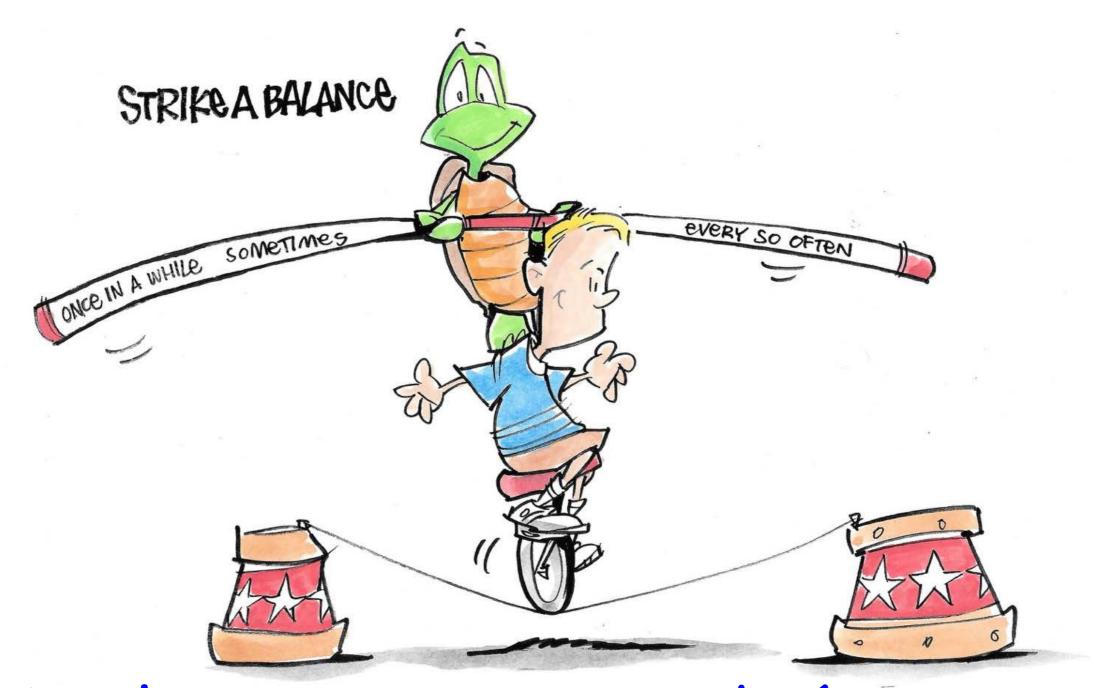
PUT YOURSELF IN SOMEONE ELSE'S SHOES



Ask yourself what someone else might think about the situation.



Your behavior influences the outcome.



Use less extreme words (i.e. sometimes, alright, a few, etc.).



Using less demanding words such as maybe and perhaps.



Ask/answer the questions: who, what, when and where to determine why.



In any given situation, at least two people share the responsibility (20%/80%, 60%/40%, 90%/10%, etc.).